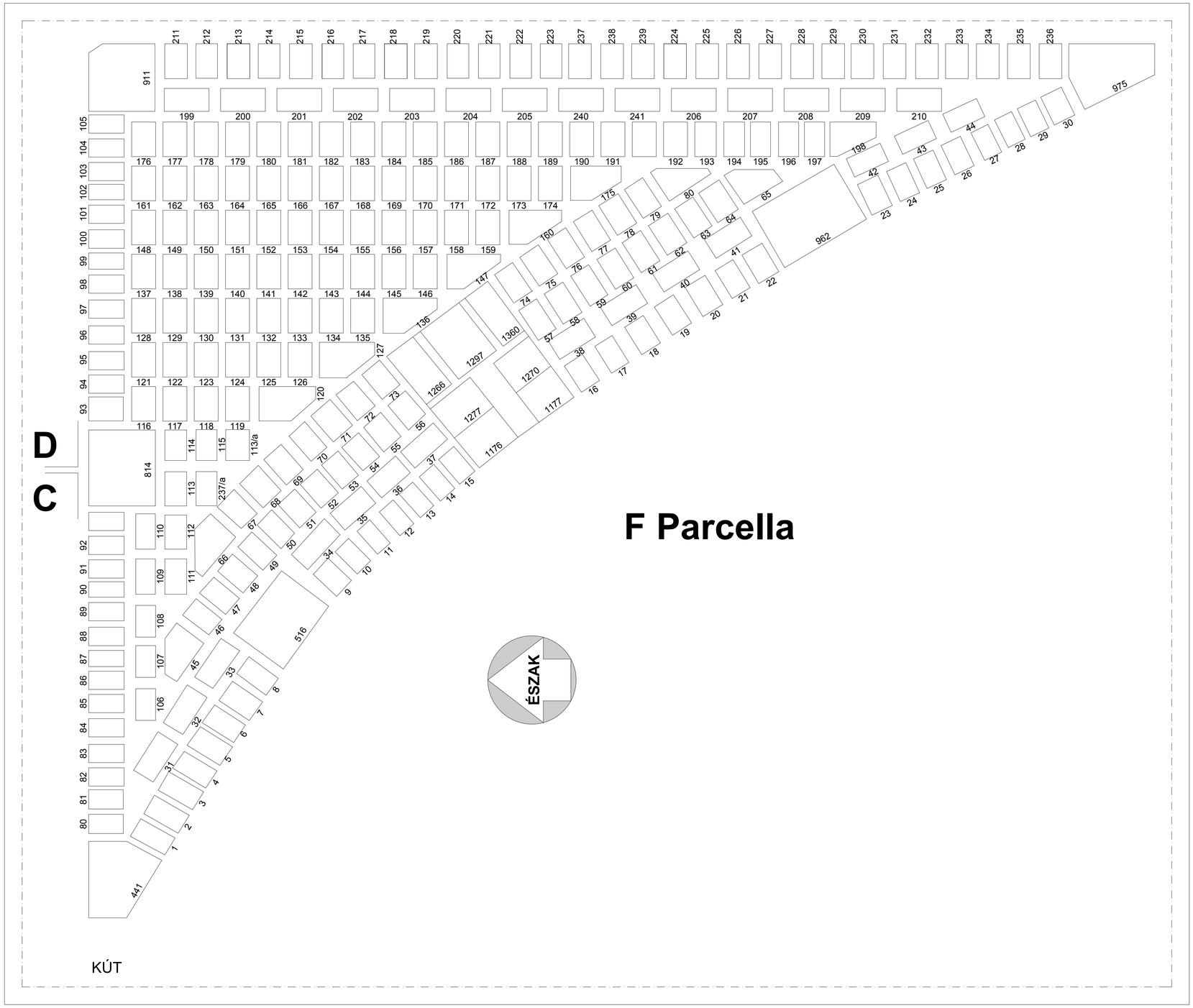F Parcella